

# TIDELINES

## Cadboro Bay United Church

February 2012

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### From a Minister's Desk

*Everybody is unique. Compare not yourself with anybody else.*

Baal Shem Tov

This month our Dig Deeper challenge delves into the story of Cain and Abel. We will ask: *What did this story mean to the Jews of Palestine? What did it answer in the ancient mid-eastern psyche?* And most importantly: *What is in the story of Cain and Abel for a time such as the one in which we find ourselves?*

On the surface we see two brothers working out their identity. We see ugly sibling rivalry. We see violence enter the human family. The story implies that making the right offering is no light matter. But we wonder: *Is it something to kill over? Isn't that over-reacting?*

When Lewis and Clark College history professor Richard Rohrbaugh was in town for Epiphany Explorations, the annual First-Metropolitan conference, he tried to get his listeners to think like 1st century Mediterranean villagers. The key ancient identity questions were: *Where are you from? To what family do you belong? And, have you upheld your family's reputation?* He reminded us that working out our personal identity and approval rating is an extremely western idea. When I used the "honour" lens, it gradually became obvious to me that Cain kills his brother in an effort to try to restore his family honour and rid himself and his family of the shame of rejection. Cain is neither jealous nor disobedient, though this is a common Christian interpretation.

*Continued on Page 2*

Minister's Message continued...

The story is shorthand for discussing: relations with the earth; sustainability; sacredness in all things; violence in the hands of the powerful. We can get those things quite easily with our liberal/metaphorical interpretation. Theological conservatives and those of us with traditional cursory understanding always evaluate Cain on the psycho/emotional scale not the social/economic scale. The story is much more about the latter than it is the former.

The nuclear family unit is a modern western invention that skews perception and opinions of both ancient texts and oriental cultures. Family relations in the Bible are a rich and complex topic in which honour plays the biggest part. Understanding that is extremely important as we unpack media stories like the Shafia case today. Whether we are engaging deeply in new relations with our soon-to-arrive Palestine refugee family, listening to stories that surface in truth telling by First Nations, or simply a review of our own ethno/cultural family of origin we need care not to make the mistake of comparing without knowledge. At CBUC the unconditional welcome we live out requires building relations based on openness and sharing truths . . . not comparing in order to judge which is better. – Ross White

## Sunday School for February

The story is of two brothers, their love for one another and the jealousy that emerges and ends up with tragic consequences that cannot be reversed. It deals with feelings of jealousy, anger, resentment, remorse, grief and the seeking of restoration and peace.

We have decided to use a different model for this unit and have each Sunday be a “whole group” experience where we will work together to create a joint work of art using wool and the technique of “felting”.



Each stage will involve working with wool (connection to Abel the Shepherd) , creating “friction” to enable the strands to bond and form something new, imagine with new eyes the possibilities and the dream for peace and restoration. In addition, we will create “fruit kabobs” (connection to Cain the farmer) for snack and sharing. At the beginning we will hear the story and at the end of the morning connect the activity with the story through questions and shared insights. The project will come together and have its unveiling during our worship service on the first Sunday of Lent, Feb 26th, 2012.

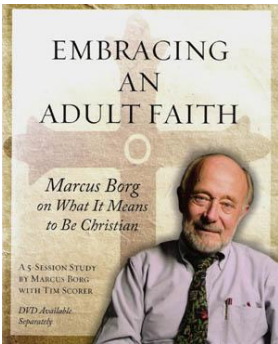
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## Embracing an Adult Faith – Feb 6<sup>th</sup>



If you were at the recent Epiphany Explorations event at FirstMet or have read any of the many books published by Marcus Borg in our Library, then you will know that you don't want to miss our next adult discussion series starting Feb 6 and going for 5 weeks. This study will help us explore what it means to have an adult faith in 2012. Whether you are new to Christianity or grew up in the church, you will find stimulation and challenge during these 5 week sessions. This is an exciting series for those who are looking to renew and deepen their understanding of some of the basic issues in contemporary Christian practice and theology. The format will be involve some input from Marcus Borg on a DVD and then guided discussion within the group around the questions: Who is Jesus? Who is God? What is salvation? How do we practice our faith? How do we live in community? Phone or email the Church office to register. Leader: Mark Green

## Youth Group Update – Welcome Molly!

We are pleased to introduce you to Molly Spaner, our new youth worker at Cadboro Bay. Molly is new to Victoria, having just moved here last month, but she is not new to working with youth or to the United Church of Canada.

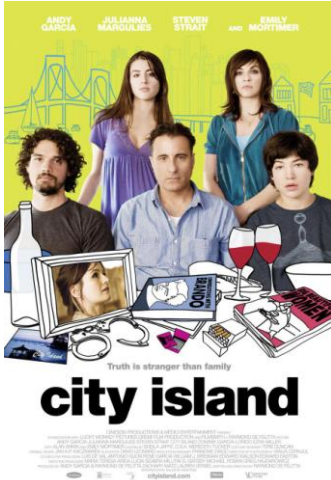
Molly grew up in Edmonton, Alberta and attended Riverbend United Church with her family. After she graduated from high school she took on some of the leadership responsibilities in her youth group under the guidance of Chris Giffen, their youth worker. Molly also attended Naramata Centre as a child and eventually worked on staff there as well, learning program and leadership skills. Molly has moved to Victoria to “start something totally new” and we are pleased to be the first to find this treasure. In her spare time, Molly enjoys reading, bike riding, art, painting, drawing and hanging with friends.

Molly is having fun getting to know Victoria and is excited about starting this position and working with our youth. WELCOME MOLLY!

In addition, as supplemental leaders, we welcome Greg Tonkin who will work alongside Molly. Greg is now in his first year at Camosun College and grew up in this congregation and is an active soccer and field hockey player and cyclist. He will work with both the junior and senior youth groups to support the work of Molly and Hannah Green will continue to help with the junior group for continuity.



## Movie Night – Feb 10<sup>th</sup>



**City Island** is a 2009 American comedy-drama film directed and written by Raymond De Felitta and starring Andy García, Julianna Margulies and Alan Arkin. It premiered at the Tribeca Film Festival in New York City on April 26, 2009. The title refers to the Bronx's City Island, where the film is set. The Rizzo family personifies many common dysfunctions and secrets as they attempt to live out life on the surface, hoping no one sees. Don't we all! But what happens, blessed hope, when it all breaks into the open? Come, see and laugh along with CBUC's erudite film critics and scintillating conversationalists at February movie night.

**Popcorn:** Free! **Leader:** Ross White

## Guess Who's Coming To Dinner? – Feb 11<sup>th</sup>

Our large congregational event - *Guess who's coming to dinner?* - is coming to a house near you on Feb 11<sup>th</sup>. This is an event for all ages and configurations and is a chance to get to know others at a deeper level than can sometimes happen during coffee hour after church. Those with children will be matched with families with children as well; singles, doubles and anything in between are welcome and will be matched in a ways so as to make everyone feel comfortable. This is a fun way to get to know some people you perhaps don't even know the names of yet.



If you sign up to be a guest, you will be told the day of the event the address and name of the host where you will be going. All you need to do at that point is show up and find out who else has been invited, enjoy a delicious meal and get to know your companions and host better. If you sign up as a host, you will know well in advance how many people you will be serving, any food allergies or strong dislikes and what time they will be arriving. Your job is to create an atmosphere where conversation flows easily and the food served nurtures body and soul. Cost is by a suggested donation of \$20 per person and children are free. But.... please don't let the amount be a barrier to your participation... everyone is welcome. A portion of the fee will be offered to the host to supplement the cost of providing food and drink; the remainder of proceeds will serve as a fundraiser for the church. You can sign up after church on Sunday in the main hall or by phoning the church office. If you have any questions, talk to Wanda Walker or Mark Green.

## Healing Pathways Victoria Retreat

February 25<sup>th</sup> 2012

9:00am – 4:30pm

Registration fee \$50 – Early Bird Registration before Jan 10<sup>th</sup> \$40

Event Location: Cordova Bay United Church 813 Claremont St, Victoria

For more information: [hpvictoria.wordpress.com/retreat2012](http://hpvictoria.wordpress.com/retreat2012)

**After 30 years of charitable food giving,  
is food security for vulnerable Canadians getting better or worse?**

Over coffee, and in small groups, we'll talk about hunger in Canada as we-

# **IMAGINE A COMMUNITY WITHOUT FOOD BANKS**

*How would poor people get enough to eat?  
What would need to change?*

*Together we'll learn, share, and try to imagine  
a different kind of generosity.*

**Where: Grace Lutheran Church, 1273 Fort St.  
When: Sunday February 19, 2- 4:30 pm**

parking available at the church and at  
Central Middle School

sponsored by **Faith in Action**

[www.bcfaithinaction.ca](http://www.bcfaithinaction.ca)

*Guest Presenters who will lead us in our conversation:*

**Prof. Emeritus Graham Riches**, UBC School of Social Work

**Elly Carlson**, Researcher

**Elietha Bocskei**, Researcher and Registered Dietitian/Nutritionist

**Food Bank/Soup Kitchen managers**

**Food bank clients from the CRD**

## **Get Connected: Join CBUC's on-line Outreach Community!**

If you're a person who would appreciate more information and analysis about the most critical issues of our time- If you're looking for local events that will help you connect with others who are trying to walk the path of justice and peace- If you want to participate in on-line actions designed to produce change and transformation- then [click here](#) or email Meghan at [meghan@cadbayuc.org](mailto:meghan@cadbayuc.org) and let her know you're interested in joining this new on-line community at CBUC.

Once you've subscribed, you will receive approximately 2 or 3 articles/actions/event notices a week about all kinds of outreaching issues.

Another way we walk the talk at CBUC!

## Shrove Tuesday – Pancake Supper – Feb 22<sup>nd</sup> at 5:15pm

Shrove comes from the word “shrive” meaning “to hear confession”. It is a precursor to the season of Lent which historically was a time of abstinence, fasting and preparation for Easter. To confess to a priest and cleans ones soul before entering the season of Easter was highly recommended.



Shrove Tuesday marked the beginning of the 40-day Lenten fasting period when the faithful were forbidden, by the church to consume meat, butter, eggs or milk. However, if a family had a store of these foods they all would go bad by the time the fast ended on Easter Sunday. What to do? Solution: use up the milk, butter and eggs no later than Shrove Tuesday. And so, with the addition of a little flour, the solution quickly presented itself in... Pancakes. And lots of 'em.

The day following Shrove Tuesday is officially the start of Lent and is called Ash Wednesday. This day gets its name from the practice of marking the forehead of worshippers with ashes as a sign of repentance and fasting. In the biblical record, we find stories of the Israelites putting on sack cloth and covering their heads with ashes as a sign of repentance. So it is that we lift up this custom and bring to it new meaning.

As has been our tradition, we combine these things at CBUC and so on Wednesday, Feb 22 the youth group will be hosting a pancake supper starting at 5:00 and running until 6:15 at which time we will move into the sanctuary for a brief service and sharing of this ritual of being “marked” for Lent. This family friendly evening has become a tradition at CBUC and we hope you will join us for it.

## Spring Break Musical Camp 4

**Are you ready?**

...to discover ...  
 ...to dream ...  
 ...to play ...  
 ...to sing ...  
 ...to dance ...  
 ...to laugh ...

**Spring Break Musical Camp**  
**March 12-16, 2012**  
 Monday - Friday: 9am - 3pm daily  
 Performances:  
 Friday, March 16 and Saturday, March 17: 7pm each night  
 Ages: Grade 1 and up  
 Cost: \$140 per child  
 Cadboro Bay United Church - 2625 Arbutus Road  
 Victoria, BC  
 Register online: [www.cadbayuc.org](http://www.cadbayuc.org)  
 Telephone: 250-477-2715 Email: [office@cadbayuc.org](mailto:office@cadbayuc.org)

Back for our 4<sup>th</sup> year, Spring Break Musical Camp will once again host 40 children grades one and up for 5 days of song, activities, games, swimming and fun! The highlight of each camp are the Spring Break Musical Performances – this year on Friday March 16 and Saturday March 17, both starting at 7pm. Led by Mark Green, Christine Chepyha and a cast of supporting friends, this is a great opportunity to explore new music, make new friends, and have fun in a safe and welcoming environment. Details are available online [www.cadbayuc.org](http://www.cadbayuc.org), or from the office 250.477.2715, [office@cadbayuc.org](mailto:office@cadbayuc.org). Space is limited, so don't delay!

## Vancouver Island Truth & Reconciliation Events

The Truth and Reconciliation Commission of Canada is hosting a Regional Event in Victoria, BC on **April 13th and 14th, 2012** for the Vancouver Island region. This is an opportunity for all Canadians, both Aboriginal and non-Aboriginal, to learn more about and bear witness to the legacy of the Residential School system. Prior to the Regional Event, the Truth and Reconciliation Commission will be holding Regional Hearings in:

Port Hardy - February 27-28, 2012  
 Campbell River - March 1-2, 2012  
 Port Alberni - March 12-13, 2012  
 Cowichan (Duncan) - March 15-16, 2012



Truth and  
 Reconciliation  
 Commission of Canada

Lynne Crawshaw ( [lynnecrawshaw@yahoo.ca](mailto:lynnecrawshaw@yahoo.ca) ) has been named United Church rep to the Planning committee. For the Victoria event you can contact Lynne for info, or better still, to volunteer in one of the many aspects of supporting this opportunity to heal, be healed and de-colonize our historic relations with First Nations.

## The Enneagram – A Journey of Self Discovery

Differences among people can be fascinating but they also can be frustrating. This workshop will help participants to understand themselves better, and see the different ways people experience life. When this happens, everything changes. Relationships improve, conflicts are better managed, and people can really enjoy one another. Join us for this inspiring time of self discovery and learn how to accept and embrace the way others see and experience the world.

**Course Date:** March 2-3, 2012

**Time:** Friday 7:00–9:00pm, Saturday 10:00 am-4:00pm (Bring a bag lunch)

**Facilitator:** Barb Baillie

**Location:** South Island Centre for Counselling & Training

**Register:** Call 250-472-2851 or email [courses@southislandcentre.ca](mailto:courses@southislandcentre.ca)

**Cost:** \$80 per person



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Facebook: [www.facebook.com/cadborobayuc](http://www.facebook.com/cadborobayuc) Twitter: @cadbayuc

## Happy Anniversary SingYourJoy!

On February 7, 2011, 14 singers met for the inaugural rehearsal of a new youth/young adult singing group in Victoria. **SingYourJoy** was created to provide a place for young people to meet new friends, learn some common songs together, and create a vibrant community of diverse people. Our musical seasons are developed in conjunction with university and college schedules, and we ask only for a rehearsal time commitment from our singers. Over the past twelve months, this group has participated in choral workshops and as guest artists in various concerts and in December 2011 hosted their first solo concert endeavour. The full house at Oak Bay United was as thrilled to hear this new group as the singers were to perform their songs. Under the musical leadership of Christine Chepyha and Gordon Miller, **SingYourJoy is now preparing for their next concert – April 15<sup>th</sup> (7pm) at St. Aidan’s United Church.** As we approach our first anniversary, we now have over 50 singers making a wonderful sound and creating a great community. Happy Anniversary SingYourJoy!!!!



## Make a Joyful Noise v6.0 – An Invitation to Sing!



The choir at Cadboro Bay United will be back with the **6<sup>th</sup> version of “Make a Joyful Noise” on Friday, May 4<sup>th</sup> at 7pm.** If you’ve ever wanted to sing but can’t commit to our usual Thursday evening practices, this is your opportunity to join us. We meet for 3 Saturday mornings to work on singing technique and our concert repertoire, and we welcome new singers to come and ‘test sing’ us out! Rehearsals will happen in the CBUC sanctuary on February 25, March 31 and April 21, (all at 9:30am til noon) and in between, song files will be available online to help you with your practice. We’ve got some great music to share during the concert, and this is a wonderfully caring and fun-loving community within the larger church. Contact Christine (250.882.5668, [cchepyha@gmail.com](mailto:cchepyha@gmail.com)) for details. We look forward to singing with you!

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Twitter: @cadbayuc

## Healing Pathway Phase Two – March 9-11<sup>th</sup>



Friday (7pm-9:30pm), Saturday (9am- 5:30pm) Sunday (1-5:00pm),  
March 9-11, 2012, Cadboro Bay United Church.

Instructor: **Leslie Black**

Instructor in Training: **Ross White**

Registration fee: \$210

This workshop is one of two parts of Phase Two in the Healing Pathway program. It includes learning surface anatomy of the neck and back and practising specific healing sequences for these areas. Other aspects covered include the experience of group healing and support for the practitioner's growth toward wholeness. Emphasis is on the development of self as an instrument of healing. Phase One is a pre-requisite.

**To register:** fill out the print registration (brochures can be located on the bulletin board) or Contact **Henri Lock**, [wmailhtml:hlock@uvic.ca](mailto:wmailhtml:hlock@uvic.ca),  
**250-472-4159**

### BOOK SALE at First Met

Mark your calendar! New book sale on February 18 from 10 am to 2 pm. Great selection of books including novels, classics, non-fiction, self-help, craft books, cookbooks, children's books, calendars, and much more. Greatly reduced prices – all books from \$1 to \$5. Get a free calendar when you buy a book. All books donated by Hallmark Cards in the Mayfair Shopping Centre. Proceeds to support 150th anniversary celebrations. Come early to avoid disappointment.

First†Met United Church Hall, Balmoral at Quadra St.

### GRANDMOTHERS HELPING GRANDMOTHERS – Muffin Sales

We were able to put a total of \$958.40 in the bank in 2011 to be sent to the Stephen Lewis Foundation.

We would really like to have a few more muffins to sell on the last Sunday every month. If there are any of our newer members of the congregation who would like to be involved in this very worthwhile project, please contact Gloria at (250) 477-6790.

## Victoria Interfaith Refugee Assistance Committee - VIRAC

We are eagerly waiting to hear from Citizenship and Immigration Canada about a definite arrival date for our Palestinian refugee family, Abdul, his wife Kadajah and their two young adult sons Mhamad and Ali. The family, who lived in a Palestinian complex in the Baladiyat area of Bagdad before fleeing to Syria in July 2006, were recognized by the United Nations as refugees in 2008. They are currently living in the Al-Hol refugee camp in Hassakeh, Syria and although the situation in Syria is extremely turbulent we are advised that the camp is in a relatively stable area near the Iraqi border and that the visa office in Damascus, Syria, is fully functional. It is hoped that the family will be able to travel to Canada as early as the end February. Our committee, which is chaired by Ross White, is actively planning for their arrival. We are addressing all of the needs that a family of four might have in travelling to a foreign country to start a new life. Housing, furnishings, clothing, medical and dental care, employment, English language classes; all of these needs and many more are being addressed by an enthusiastic committee made up of members of our congregation and of numerous other faith communities. We are raising funds sufficient to support this family for a minimum of 12 months in Victoria and as you can imagine those costs are expected to be substantial. When we have a definite arrival date we will be putting forward a list of household items that we hope may be donated. Donations of funds to help this family can be made through the Church and are eligible for a charitable donation tax receipt. Please join us in helping to welcome this family into our community.



## CBUC'S ANNUAL GARAGE SALE – APRIL 28<sup>TH</sup> 9AM – 1PM

If you are able to help with the coordination of the garage sale or help on the day of with selling items, pricing, etc. Please contact Anne Churchill at 250-472-2666

Please note we are NOT accepting donations until April 1<sup>st</sup> at the church. Items we are not accepting at all are: firescreens, computers or computer components and outdated baby cribs, strollers or car seats. Baby items that do not meet current safety standards can NOT be sold.

Furniture – Clothing – Housewares – Small Electronics – Christmas Decorations – Books  
Artwork – Gardening Equipment – Children's Toys and Books – Sports Equipment

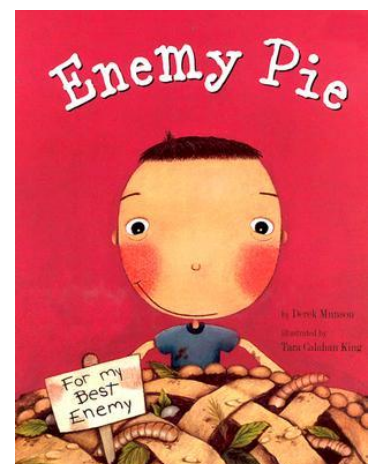
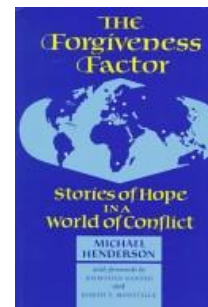
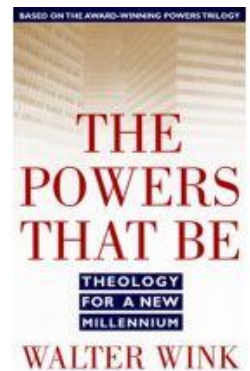
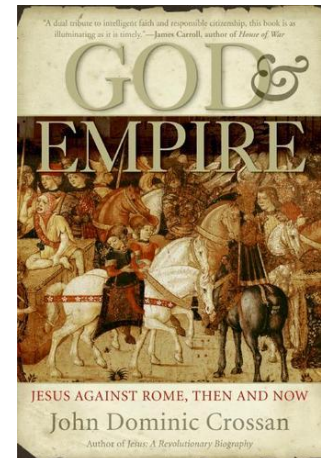
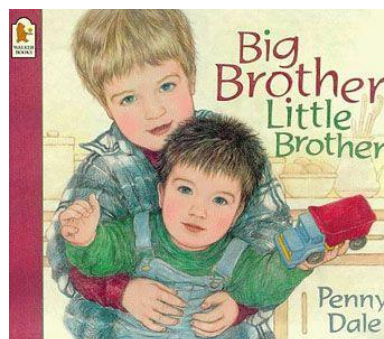
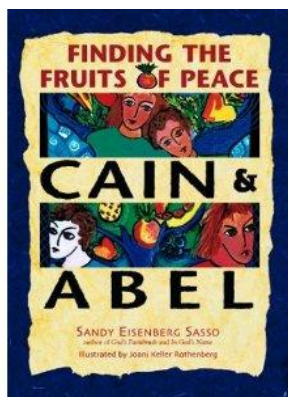
## Library News for February

This month we will focus on the biblical story of Cain and Abel which ends in fratricide in an attempt by Cain, the farmer, to regain status by overpowering his favoured brother, Abel, the shepherd, after Cain's gift has been rejected by God. The biblical view of violence is that it starts in the family and spreads. Families united is an ancient vision of peace.

Our library has several adult books that relate to the theme for the month. The book *God and Empire* by John Dominic Crossan poses the question whether violence or nonviolence has been more effective in bringing about lasting change? Walter Winks *The Powers that Be: Theology for a New Millennium* and *The Forgiveness Factor, Stories of Hope in a World of Conflict* by Michael Henderson are other books to read during this month.

The library has ordered the book *Cain and Abel: finding the fruits of Peace* by Sandy Eisenberg Sasso, which Mark will be using with the children during the Sunday School session. Several other children's books from our library that discuss children's roles in family situations and nonviolent actions by communities are *Big Brother Little Brother* by Penny Dale, the old standby *Enemy Pie* by Derek Munson and *A Gift of Peace* by Natalie Voykin.

Enjoy some of our new books this month and have a Happy Valentine's Day!





## Council Update for February

With the Christmas season now behind us, council members are hard at work with even more activities in their various committees. And, we are fortunate to have a strong and busy committee hard at work planning for the arrival of our refugee family. There always seems so much to do and perhaps what initially appears as too little time within which to do it. But, the fearless folks of CBUC always pull together to make things happen and get things done.

And speaking of making things happen, you, the people of this wonderful community pulled together to ensure that we ended the year not only deficit free but with a surplus! Perhaps Mr. Obama said it best, "Yes we can!" And we did. Being financially stable allows us to continue with the important work of our church (while making sure we have heat and lights), and I am confident that 2012 will be no different. Congratulations everyone.

Our nomination committee and budget folks are hard at work planning for the upcoming year. If you feel you have an area of interest (social justice, education, caring for those in need, etc.) consider being part of one of our committees. It's a wonderful way to become involved and meet new people while sharing something that is important to you. Talk to Marilyn Poutanen or to me and we'll be sure to get you connected.

Be sure to read your bulletins and your Tidelines newsletter, as there are just so many opportunities to learn and grow. Our annual report will be ready by mid-February in preparation for our AGM March 4th, so remember to have a look at that as well. It will give you an even better appreciation of the myriad of activities in which this church is involved.

See you in church,  
D'Arcy Wingrove (Chair of Council)

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